



# Writing and Coping: Student Writing Group

**Sponsored by the Writing Fellows Program and Counseling Services**

Looking for a creative outlet during quarantine? Want somebody to talk to about what you're feeling and thinking, as well as a place to sort your thoughts out?

Join us for a series of writing workshops for students to encourage positive mental health through self-expression. These are not classes; there are no grades. Come for one session or for all six! We just hope to help you feel better through writing.

### Writing Group Schedule and Activities:

Session One, 9/29: Introductions and Build-a-Story together

Session Two, 10/6: Creating a Group Poem

Session Three, 10/13: Word Collage

Session Four, 10/20: Blackout Poetry

Session Five, 10/27: Telling COVID Stories

Session Six, 11/10: Conclusion/Digital Open-Mic

All sessions begin at 7 p.m.

Zoom link: <https://zoom.us/j/98772085956>