

# Alcohol and Drug Education

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Trisha DeWolf, Assistant Dean of Students for Alcohol and Other Drug Education  
Office of the Dean of Students  
501 Culkin Hall



# Goals of the AOD Education Program

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- Promote harm reduction through honest, non-judgemental education
- Offer resources and referrals for support
- Utilize peer education to share knowledge and reduce stigma

# Raise your hand If...

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- Raise your hand if you've ever attended a social event where alcohol was served
- Raise your hand if you've ever known someone who uses cannabis- medically or recreationally
- Raise your hand if you've ever witnessed someone struggle with substances
- Keep your hand up if you know someone who has entered treatment for their substance use
- Out of the 40 million adults in the US who meet the criteria for an SUD, only 6.5% actually seek out help. (2020 National Survey on Drug Use and Health)

# Statistics and Trends on Campus

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- Alcohol use is leveling off/on the decline
- Cannabis use is increasing
- Resident Assistants are required to be trained in Naloxone (State mandate-2023)
- 302 students/staff trained in Naloxone since Spring 2023
- Students are experiencing high levels of stress and anxiety, issues w/sleep, isolation and financial insecurities (2022, NCHA)
- Moving forward- NCHA survey deploying October 2025

# Community Based Statistics

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- Molly (MDMA) use is decreasing
- Crack/cocaine use is up but not being laced as frequently as before
- Higher rates of methamphetamine use compared to other counties
- As of 3/1/25- 39 overdoses on record in Oswego County
  - 4 suspected fatal
  - Overdoses are down based on last years stats
  - Most our overdoses are coming from zip code 13069

(statistics are from NY/NJ HIDA officer and Oswego Co. Public Health and Safety Team, 2025)

# Programs and trainings for students

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- Naloxone Training
- Fentanyl and Xylazine testing strips
- Detera Bags
- Recovery Ally Training
- HIGHatus (cannabis tolerance break program)
- Size Matters: The Standard Pour Challenge
- Open Mic Night
- 1:1 consultations
- Peer Education, internships and graduate student positions
- and many interactive programs!

# Harm Reduction Products

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- A variety of harm reduction products are available to students
  - Fentanyl and Xylazine testing strips
  - Deterra Bags
  - Lockable bags and containers
  - Locations: Health Hub vending machine: 24 hour room in library, ODS Office, Health Services, Counseling Services, Lee Hall



# What you can do as faculty

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- You don't need to be an AOD expert, just a listening ear and a warm handoff to a campus resource
- Student of concern/starfish flags
- Classroom resources/presentations
- Join the Alcohol and Other Drug Steering Committee
  - Looking for student input as well
- Individual or departmental Naloxone training

# Contact Information

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- Alcohol and Drug Education
  - 501 Culkin Hall
  - Ph: 315 312-5483
  - Email: [aodeducation@oswego.edu](mailto:aodeducation@oswego.edu) or [trisha.dewolf@oswego.edu](mailto:trisha.dewolf@oswego.edu)
  
- Any questions?